



British Orienteering
Sprint Championships 2017

The logo for the British Orienteering Sprint Championships 2017. It features a stylized blue and red runner in motion, with a red compass rose integrated into the design. Below the graphic, the text 'British Orienteering' is written in a bold, blue, sans-serif font, and 'Sprint Championships 2017' is written in a red, italicized, sans-serif font.

British Orienteering Sprint Championships 2017

A UK Orienteering League event

Saturday 30th September 2017

Campbell Park, Milton Keynes

Event Programme

V2 24.9.2017

Welcome

East Anglian Orienteering Association welcomes you to the 2017 British Sprints Championships.

Please read this event programme carefully. It provides essential details to help you make the most of the event and to help make sure you comply with the rules of the competition.

One page essential summary

Adult Heats are in Springfield: largely urban with small areas of parkland

Junior Heats and Finals are in Campbell Park: undulating parkland with areas of ornamental garden and woodland.

Assembly is at the Campbell Park amphitheatre: <https://map.what3words.com/sketching.error.levels>

Assembly will include catering, O traders, toilets and an unmanned shelter marquee.

You may park on the plateau next to the amphitheatre only if you have been sent a pass by the organiser.

Otherwise the nearest car park is at MK19 3NZ

https://en.parkopedia.co.uk/parking/carpark/theatre_multi_storey/mk9/milton_keynes

Bibs will be provided and must be worn. Bring your own safety pins if possible.

SI punching will be used, with both standards and SIAC non-contact dibbers allowed. A SIAC battery test box will be available at registration.

Heats start times will be displayed on the SportIdent website.

Dogs are allowed on leads in the assembly area.

You must NOT:

- park in the small public car parks around Campbell Park
- approach assembly by any route except from the west along Avebury Boulevard
- enter any area marked as dark green forbidden vegetation or olive green settlement, whether taped or not
- take dogs on course
- wear metal dobbed shoes during either part of the event
- use traders' bins for your own litter: please take it home.

Changes from V1 (Additions to text are highlighted in red)

1. One-page summary added, above
2. You may leave car keys at registration
3. Further notes on mapping added
4. Details on start grid layout added
5. Jury appointed

Directions

Milton Keynes is easy to reach by rail and road, and is about 30 minutes by road from Luton airport.

By Rail

Milton Keynes Central station is on the West Coast Mainline and is well served by trains from London Euston (8 per hour on a Saturday morning) and from Birmingham and elsewhere.

Several Bus services run directly from MK Central station to Campbell Park, and a bus leaves every 10 minutes. The bus journey time is approximately 20 minutes (or you can walk it in about 40 mins). Further information on buses can be found here:

<https://www.milton-keynes.gov.uk/highways-and-transport-hub/bus-and-taxi/bus-timetables-maps-and-travel-updates>.

By Road

Milton Keynes lies close to the M1 which is the likely approach route if travelling from the North or South. In either case exit the motorway at J14 and take the A4146 (Childs Way) heading west towards Milton Keynes. From the east, routes from the A421 or A505 join the M1 at J13 from which point the route is as described above.

From the West, we recommend approaching on the A421 from Buckingham and then taking the B4034 north toward the city centre and Campbell Park if parking on the Plateau or in the city centre, or else continue and take the A4146 for the Coachway (see below).

Plateau Parking. Directions to plateau parking apply only if you have been issued with a pass to enable you to park on the plateau, which is adjacent to assembly.

From the M1 J14 (see above): At the 5th roundabout turn right onto Enmore Gate. At the roundabout at the end of this road turn left onto Avebury Boulevard and then right where signed, onto the plateau access road.

From the west: Approach as described above. From the B4034 (Marlborough Street) turn right at the roundabout onto Childs Way, then turn left onto Enmore Gate. At the roundabout at the end of this road turn left onto Avebury Boulevard and then right where signed, onto the plateau access road.

Coachway Park & Ride. There is a Park&Ride service from the Coachway, off the A4146 very close to J14 of the M1. (<http://www.mkparkandride.co.uk>). Parking is free and the ride is £2 per person. Buses run every 15 minutes and the journey time to central MK "The Point", is approx. 10 minutes. This bus stop is a 15-minute walk from assembly.

Parking elsewhere

We provide here details of the major city multi-storey car parks which we recommend you to use if you are not given a priority pass for parking on the plateau, and choose not to use the Coachway Park&Ride system.

We also indicate where you should NOT park, in order to avoid impinging on the event terrain or filling up small car parks used by the public.

Recommended car parks:

Theatre Multi-Storey Car Park



500 Marlborough Gate, MK9 3NZ. Approx. 600m (7 mins) walk to assembly

1-4 Hours £0.80

4-8 Hours £1.60

Up to 16 hours £3.20

Milton Keynes thecentre:mk 1



Marlborough Street. Postcode for satnav: MK9 3EP. Approx. 1km (15 mins) walk to assembly.

£3.60 for 1 hour; 9am – 5pm: £14.

Do NOT use the following:

You should not use car park spaces at the north of Campbell Park or car parks at the eastern side which are limited in capacity and are intended for regular users of the park. These will be signed as OOB for orienteer parking.



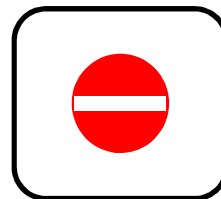
Parks trust car park at NE end of Campbell Park



Public car parking bays on northern edge of Campbell Park

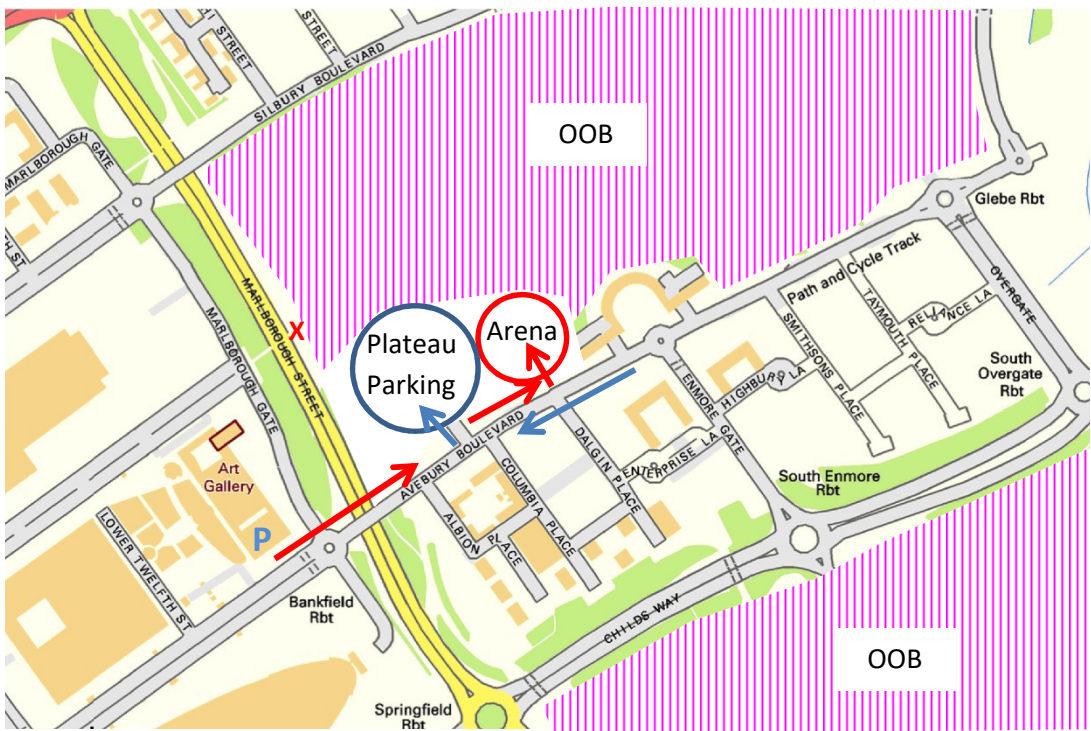


Public car park at SE corner of Campbell Park



Approaching on foot

From central MK, you must approach the arena by walking along Avebury Boulevard, as shown by the red arrows below. Do not enter Campbell Park on your way to the event, except via the entrance to the amphitheatre from Avebury Boulevard. In particular you must NOT enter Campbell Park by means of the footbridge at the end of Midsummer Boulevard. **X** means no entry.



If driving to the Plateau Parking, please approach in the direction shown by the blue arrows in the map above.

Overview of Heats and Finals

There will be two different areas used for the morning heats: All senior courses including the open classes will take place in Springfield. The junior heats will be in Campbell Park. All finals courses will be in Campbell Park itself, with Start close to the arena, and the Finish run-in coming right into the amphitheatre.

In getting to the Starts from the Arena, use the marked route to reach the senior heats start and return from the finish. You must use the underpasses to cross major roads on the way to this start.

General Comments

Please give due consideration to other park users and the public.

Orienteering is not a body contact sport. It is your responsibility to look where you are running and avoid running into other competitors, or members of the public.

Be aware of features marked as uncrossable. You will be disqualified if you are seen straying into, attempting to cross, or crossing any boundary marked on the map as uncrossable or any region marked as Out of Bonds (OOB) even if you quickly realise your mistake and reverse your direction of travel.

Use the toilets provided. It is a condition of our use of the Park that you do not urinate elsewhere in the park. Needless to say, this also applies in the area of the Heats.

The internals of SI control boxes can be damaged by impact, in particular by the control being struck forcibly by orienteers with SIACs, some of whom have developed the habit of hitting the boxes. Contactless punching means just that – if you strike an SI box hard enough for it to stop working, we will very likely be able to find out who you are, and you will be charged for the cost of repair.

Event Arena

The event arena is in the park Amphitheatre, adjacent to the parking plateau.

On the plateau, you will find:

- Portable Toilets
- Shelter Marquee, providing a space for changing and leaving clothing etc. (not manned, items left at your own risk).
- O Traders: Ultrasport, CompassPoint
- Food and Refreshments: British and Continental Catering

In the amphitheatre, you will find:

- Event marquee, housing:
 - Enquires, including trophy return
 - Bib collection and hired e-card collection
 - Download
- First Aid
- Stage: Display of Start lists and results.

The stage will be used for medal presentations.

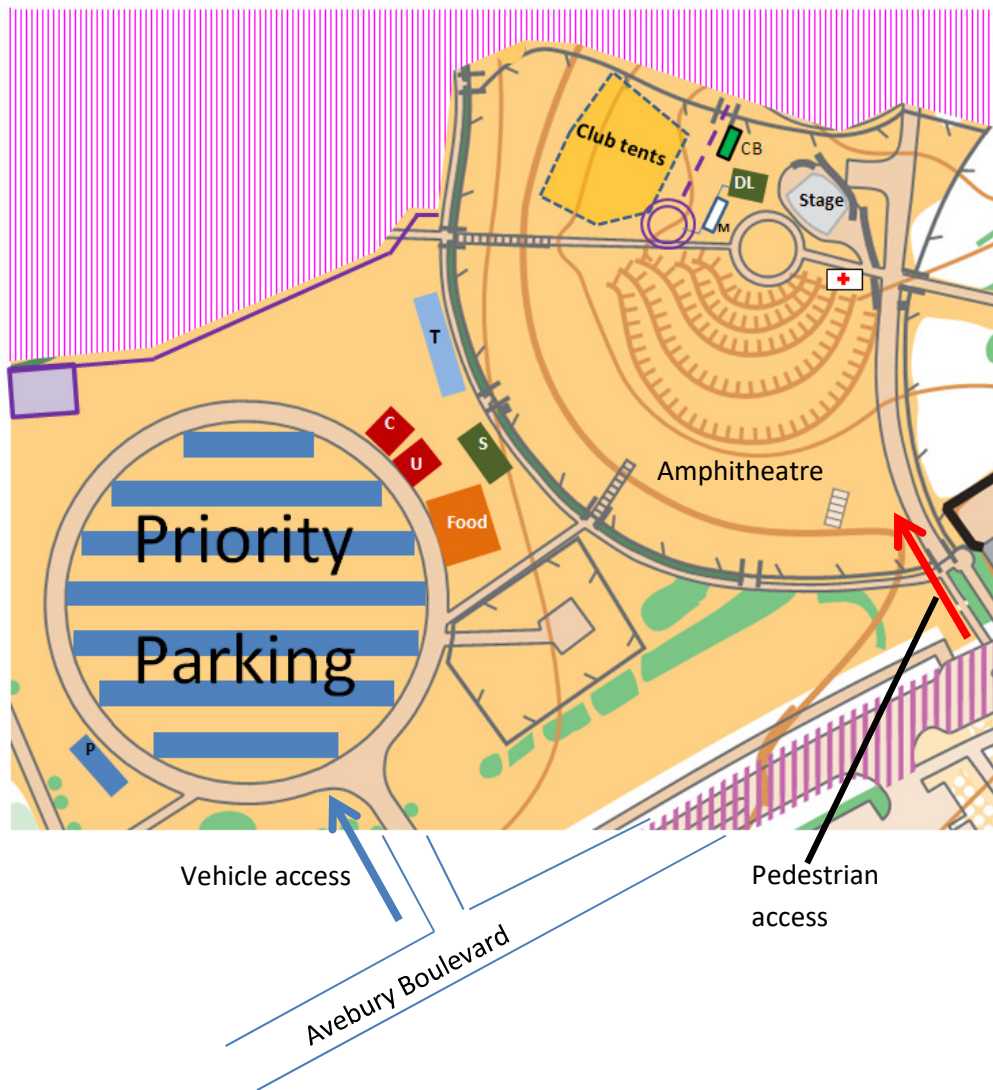
The fence that separates the arena from the rest of Campbell Park to the north must not be crossed. The whole of the area to the north of the arena is out of bounds to competitors except when actually competing.


Club tents. Club tents and banners are permitted in the area indicated in the layout plan below. Please leave a walkway in front of tents for spectator movement.

Toilets. There are no public toilets at Campbell Park, but public toilets are available near to the city centre parking.

Portable toilets will be provided on the plateau, adjacent to the finals start. This will include a screened urinal unit. Please use this if appropriate, to reduce the need for queuing. There will not be any additional toilets at the Springfield heats start.

Do not relieve yourself elsewhere in what is a public park with a high level of visibility, either before, during, or after your runs. Anyone found doing so is liable to disqualification.



- KEY**
- CB Commentary box
 - DL Download & registration (6m x 9m Marquee)
 - M Map collection
 - C CompassPoint (orienteering trader)
 - U Ultrasport (orienteering trader)
 - P Parking (larger vehicles)
 - S Shelter Marquee (12m x 6m)
 - T Portable toilets
-  First Aid (MM Medical)
- Stage: used for prizegiving, and to display start lists and results
- Food: British and Continental Catering. Food and beverages

Timetable for the day

- 09:00 Registration opens
- 10:30 Heat starts commence
- 11:30 Heats – last start
- 12:00 Heats – courses close
- 12:15 Heats – download closes
- 13:30 Finals starts commence
- 15:10 Finals – last starter
- 15:30 Finals – courses close
- 15:35 Download closes
- 16:00 Medals presentation
- 17:00 Arena closes

Race Bibs. Bibs must be collected from Registration. Safety pins will be provided, but it will help if you remember to bring your own.

Race bibs must be worn, unfolded and visible, on the chest, by all competitors in both Heats and Finals. If you are not wearing your correct bib in the correct manner, you will not be permitted to start. Marshals on the courses and at the finish will be instructed to make a note of or photograph any individuals apparently not wearing a bib and we intend to disqualify any runner discovered to be deliberately running without a bib.

The reverse of the bib allows you to fill in relevant medical information. Please complete this before you run. Any runner with a known medical condition that could give rise to a safety risk is strongly advised to complete the medical information on the back of their bib.

Those who qualify for the Open Class A finals (only) are to collect fresh bibs from enquiries as soon as the Finals Start Lists are published. These will be in reverse numerical order (lowest starting last).

All other runners in the finals must wear the same bib as used for the heats.

Hired SI card collection

If you have arranged to use a hired SI card, you should collect this from registration at the same time as collecting your race bib. You will not have a specific SI card allocated in advance – you will register your hire card by dinging in a control box when you collect it. If you are also hiring an SI card for the British Middles, you will be able to retain the same SI card you use at the Sprints, for use the next day. **This applies to both SIAC hire cards and conventional SI cards.**

Lost cards will be charged at full replacement value

Electronic Punching

SI punching will be used. This event supports mixed punching: on the basis of entries received, we estimate that about 2/3 of competitors will be using contactless (SIAC) dingers, with the remainder using standard dingers.

A demonstration contactless control will be set up in the arena near registration.

If you are using a SIAC dinger, the dinger itself will flash and beep to show the punch has been registered (the control box will not react in this way). If you are punching with a standard contact dinger, the box should beep and flash to show the punch has been registered. Further information on contactless punching can be found here:

https://www.sportident.com/documents/information_technical/SI_system_AIRplus/sportident_airplus_information_for_athletes.pdf

If an SI box fails, use the backup pin punch to punch one of the boxes on the map reserved for this purpose.

SIAC battery test

A SIAC battery test box will be set up at registration so that you can check your SIAC has enough battery to operate in contactless mode.

Start list. The heats start list will be displayed on the SportIdent website in advance of the event. Start times will also be displayed on the display board on the amphitheatre stage.

Trophy return. If returning a trophy, please hand in to enquiries as early on the day as possible.

Shelter Marquee. We cannot give any guarantee on the security of leaving personal belongings in this tent or elsewhere. We will not accept items for safekeeping in the registration/download marquee **other than car keys, which can be left in the trays provided at Registration.**

First Aid: First aid will be provided by MM Medical. The nearest A&E hospital is Milton Keynes University Hospital NHS Foundation Trust, Standing Way, Eaglestone, Milton Keynes, MK6 5LD (01908 243600). This is a 5 minute drive from the plateau. Printed directions will be available at Enquiries.

Food and Drink. British & Continental Catering will be providing food and refreshments, on the Plateau. We encourage you to use this service. Central MK offers a range of fast food outlets and other alternatives if this is your preference.

Rubbish and Litter. No litter bins or rubbish bags will be provided. Please take all your litter and rubbish away. Do NOT use caterers' rubbish receptacles except for refuse from items you have bought from them.

Drinking water. Water will not be provided either on courses or at the finish.

Safety. Competitors are responsible for their own personal safety and assessing their own abilities to complete their chosen course. Competitors take part at their own risk.

You should:

- ◆ Not run if feeling unwell
- ◆ Ensure you have appropriate clothing and footwear for possible adverse weather conditions
- ◆ Provide relevant information of medical conditions and contact info on the reverse of your race bib
- ◆ Bring your own drinking water
- ◆ Report any concerns about a missing competitor to Enquiries or to any event official.

Dogs. Dogs are allowed in Campbell Park. However, dogs must be kept on leads at all times. Competitors are not allowed to compete with a dog.

Dog owners are required to clean up after their dog. There are no bins in the park for disposal of waste, and owners are responsible for its disposal elsewhere.

Start times cannot be adjusted to allow for supervision of a dog.

Photography. Please contact the organiser in advance if you intend to photograph competitors at the event.

Any person intending to engage in video, zoom, or close-range photography should first consult the British Orienteering Child Welfare Policy and Procedures concerning such photography.

The organisers may challenge anyone who is giving cause for concern. Anyone having concerns about inappropriate or intrusive photography should speak to the event organiser.

Drones. Drones are not permitted in or adjacent to Campbell Park, nor in the areas used for the Heats.

Clothing and Footwear. Metal studded (dobbed) footwear must not be worn. Shorts and singlets may be worn.

GPS Data Loggers. British Orienteering Rules state that "Competitors are permitted to only use a GPS device to record data for use in post-race analysis." IOF Competition Rules state "GPS-enabled devices (watches etc.) can be carried provided that they have no map display and are not used for navigation purposes". Anyone found breaking these rules will be disqualified.

Eligibility

According BO Competition Rule C version 2.6 (Jan 2015), to be eligible to be a British Champion, an individual competitor must on the day immediately preceding the day of competition in question be a member of British Orienteering and: either be a British citizen or have been a member of British Orienteering in each of the three membership years preceding the year of the competition.

For juniors who are not British citizens, the membership criteria will be as specified below:

Age on 31st December 2017	British Orienteering membership criterion
10 or under	Member on 29 September 2017 and in previous 6 months
11	Member on 29 September 2017 and in previous 1 year
12	Member on 29 September 2017 and in previous 2 years
13 and over	As for seniors (as stated above)

Qualifying Criteria

7.4.1 The best competitors from each qualification race heat qualify for the A-final of their class. The next best competitors from each qualification race heat qualify for the B-final and so on.

7.4.2 If there are 36 or more entrants in a class, the number of qualifiers from each heat to the A-final will be equal and will be calculated so that the total number of qualifiers is 18, or the lowest possible number above 18 (it would be 20 if the need exists to have 4 or 5 heats instead of 3).

7.4.3 If there are from 6 to 35 entrants, the number of qualifiers from each heat to the A-final will be equal. They will be split as equally as possible between an A-final and a B-final, with the A-final having at least half the total number of entrants.

7.4.4 If there are fewer than 6 entrants, then all who successfully complete the qualification race will compete in the A-final. Those who do not successfully complete the qualification race (for example do not start or mispunch) may compete as a first starter in the A final. They will not be placed in the Championships results however (although will be eligible for Ranking points).

7.4.5 If two or more competitors tie for a place in a final, all of them will qualify for that final. This will have the effect of reducing the number of qualifiers from that heat in the next ranked Final down.

7.4.6 An entrant is defined as any competitor who appears on the entry list as published at a pre-announced time, usually the final closing date for entries.

7.4.7 The starting order of the A Final will be the reverse of the positions in the heats so that the best competitors start last. Competitors with the same position in the different parallel heats will start in the sequence of the number of their heat, i.e. third place in heat one starts before third place in heat 2, etc. Ties in a heat will be decided by drawing lots, e.g. if two competitors tie for 4th place in heat 1, a coin

could be tossed to determine who has position 4 and who has position 5 in heat 1 for the purposes of this rule.

7.5.4 Competitors who did not successfully complete their qualification heat (for example did not start or mispunched) will start first in the lowest ranked final for their age class. They will not be placed in the Championships results however (although will be eligible for Ranking points).

Complaints and Protests

British Orienteering rules apply. Any complaint should be made in writing to the Organiser on a complaint/protest form available from Enquiries. This should be handed in at the Problem desk as soon as possible, by 12:15 at the latest for complaints relating to the heats and by 15:45 at the latest for complaints relating to the finals (these deadlines will move corresponding to any delay in the starts).

The Organiser will provide a decision on the outcome of the complaint and inform the complainant as soon as possible. If the complainant is not satisfied with the result, a protest can be made against the Organiser's decision no later than 15 minutes after the decision has been passed to the complainant. A protest must be made in writing on the form available at Registration and handed in at the problem desk. The protest will be handed to the Controller who will discuss with the Organiser. If necessary, the Controller will convene the Jury, who will communicate their decision to the complainant as soon as possible.

Terrain

Campbell Park consists of areas of open contoured parkland enclosed in particular on the north and south by areas of mixed vegetation with a path network incorporating man made features as well as lakes and streams.

Vegetation includes some runnable wood, but some vegetation including scrub, flower beds and hedges will be out of bounds and mapped as such, either as olive green (for flower beds) or as uncrossable dark green (which must not be crossed even if it possible to do so).

Springfield comprises blocks of housing with a network of paths and walkways interspersed with numerous open grassed areas with patches of runnable and non-runnable vegetation.

Map and Course Descriptions

Competition maps have been laser printed on waterproof paper by Hassall & Lucking. Map size is A4. The map scale is 1:5000 and the contour interval is 2.5 m.

The maps for both areas were produced for this event during 2017 by Robert Dove (SMOC).

Notes on map features

Fences: For clarity, tags have been omitted from short lengths of fence or where they conflict with other features.

Crossing points: For clarity, crossing point symbols are not used where paths go through fences. A number of fence crossings have kissing gates.

Fenced plantations: In the central meadow in Campbell Park there are 5 fenced plantations which are out of bounds. They are shown with forest slow run infill and a purple OOB overprint. See also notes below on uncrossable features and OOB.

Notes on courses

Some Junior Finals courses make use of a footbridge to cross a road, do a loop of controls on the far side, and then re-use the same footbridge to cross back again. These courses all have a control on the middle of this bridge. Please make sure that you punch this control each time you cross the bridge - both going out and coming back.

Control descriptions

IOF Pictorial descriptions are used for all courses. These will be printed on the maps. Loose descriptions printed on waterproof paper, will be available in the start lanes (-3 mins).





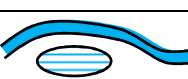

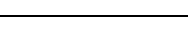
Course Lengths

Courses have been planned to give the winning times of 12-15 minutes as specified in the BO Competition rules (Appendix C). Course lengths indicated are measured on an optimal route and not necessarily on the straight lines between controls, following IOF rules.

Uncrossable Features & OOB

Within Campbell Park, a number of areas of low growing vegetation are mapped as OOB using the olive green "Area with forbidden access" symbol. The edges of some, but not all, of these areas will be marked with red and white tape. It is forbidden to enter or cross any of these areas, whether or not they are marked with red and white tape. Any competitor seen entering or crossing one of these areas will be disqualified.

The following shows how impassable features are mapped. You must not cross any features mapped as forbidden or impassable, even if they appear to be crossable. There will be marshals on the course and you will be disqualified if you are seen entering or crossing an out of bounds area or impassable boundary.

<p>Areas forbidden to access, and features forbidden to cross, penalised by disqualification.</p>		Private or cultivated land (including flower beds and other areas of low vegetation (OOB))
		Temporary Out of Bounds
		Vegetation- Forbidden to Cross
		Hedge – Forbidden to Cross
		Marsh or stream – Forbidden to cross
		Fence – Forbidden to Cross
		Wall – Forbidden to cross

Terrain Hazards

Traffic – the Springfield heat courses do involve crossing minor roads. Traffic is expected to be light, but you are responsible for crossing safely and giving due regard to the safety of others.

Tight corners – an orienteer may be running toward the same corner in the opposite direction; go wide at corners.

Steps – You may encounter steps on your course. Take care, especially if the ground is wet.

Pedestrians and dog walkers – Campbell Park is open to the public, and Springfield is home to its residents: expect to encounter pedestrians and dog walkers, and please show courtesy.

Water hazards. Water levels are variable in the stream and connected ponds in the north of Campbell Park, not necessarily in line with recent weather. Some areas mapped as marshes may fill with water. Do not attempt to cross marshes marked as uncrossable (black boundary).

Springfield Heats Start

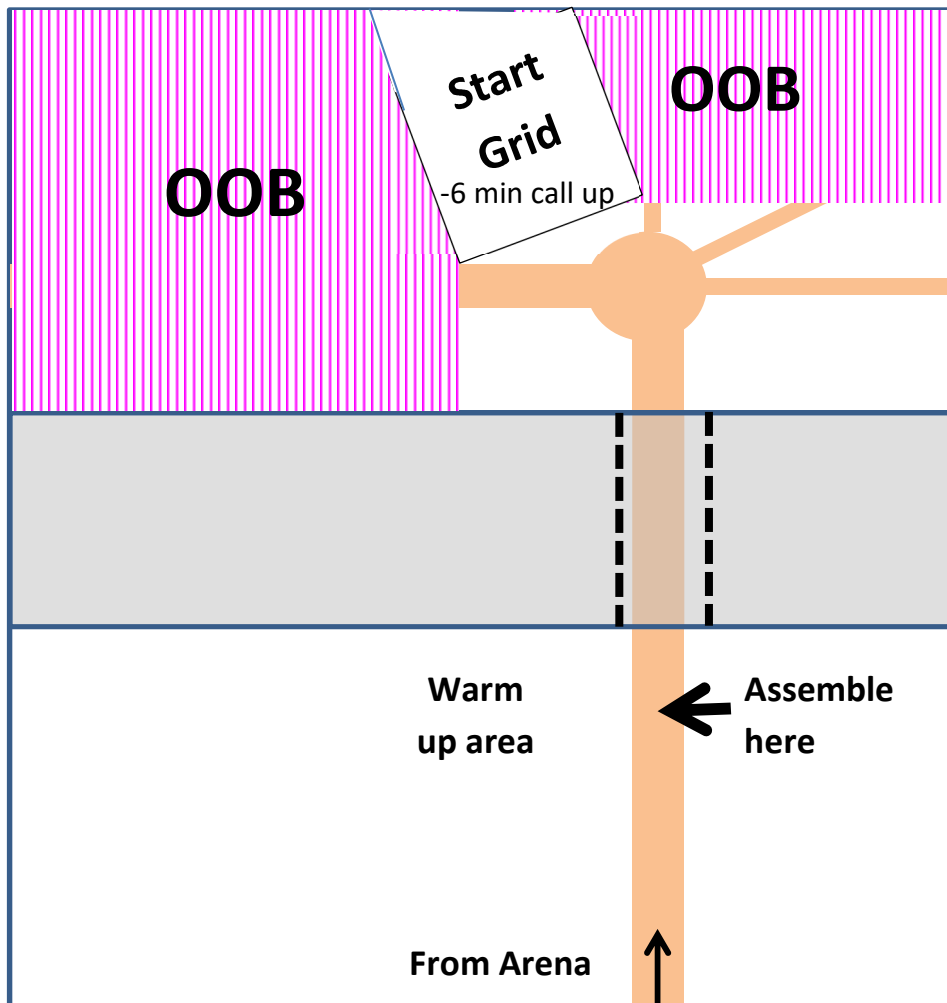
Heats start call up is at -6 minutes. The Springfield heats start is approximately 500 m from assembly; allow 5 minutes to walk.

A traffic-free route is marked from assembly. This route makes use of underpasses to cross major roads. Competitors must follow the marked route and obey any OOB notices on the way to the start.

The heats start area is limited in space and you are asked to assemble on the Arena side of the second underpass, as shown in the diagram below.

Assembly arrangement at Springfield Heats Starts

Please remember that the route to the start is a public byway – please do not obstruct!



A clock near the underpass entrance will show the current call up time – please do not proceed beyond the underpass until a minute or two ahead of your call up time. Call up itself is at the entry to the start grid.

Campbell Park (CP) Starts

The Campbell Park start is used for the junior heats courses and for all Finals courses. This start is situated on the plateau, close to assembly. Call up is at -6 minutes.

Starts Procedure (All starts)

The starts procedure is similar for all starts (heats and finals).

Make sure you arrive in good time for your call up. Call up is 6 minutes in advance of actual start time. Call up will be by bib number. Clear units will be INSIDE the start system. To clear, you must dib and hold your dibber until you see the clear station react by beeping and flashing (this is the case irrespective of the type of SI card you are using).

Unless you are reporting to the late start, when you enter the start grid you will be directed into one of 3 parallel streams by the start official. Make sure you are in the correct lane for your class.

-6 mins: Callup by start time; CLEAR

-5 mins: Callup into start streams by bib number

-4 mins: CHECK

-3 mins: Control descriptions

-2 mins: Final CHECK. Blank map

-1 mins: Map boxes.

On entering the -1 minute start box, you should stand beside the map box for your course. Maps are stacked face down. You must not attempt to look at the printed side until instructed to take the map. With 10 seconds to go, you will be instructed to pick up your map and check that it is the correct map for your course.

Unless you are in the late start lane (see below) you will have a timed start – there is no start box to punch. You must start on the last, long beep from the start clock.

Once started, you must follow the white and red tapes to the Start kite.

Late Starts

Competitors who are late for the call up of their allocated start time should report to the late start official. If you arrive while starters on your allocated time slot are still in the grid, the officials may allow you to move quickly through the grid to start at your allocated time. Otherwise you will be allowed to start at the next available slot under the direction of the start officials.

Late starters will have their actual start time recorded by a punching start. However, unless the competitor raises a complaint that is upheld, their start time will remain as their original allocated start time. No start times can be changed at the start. Please do not distract the start officials, and please obey their instructions. If a late competitor believes that the Organiser is to blame for their being late, they may raise a complaint at the problems desk at registration/download.

Open Starts

If you have an open start, follow the same procedure as for late starters, above. Your start time will be the start punch time.

Finishes and Map Collection

Junior courses (MW10 – MW16) use the main Finals finish, close to the Amphitheatre, for Heats and Finals.

All other courses use a separate finish for the Heats. The finish controls on both finishes will allow contactless punching (for those with SIACs) as well as normal punching.

Springfield Heats finish

Immediately after finishing, finishers must punch the safety control (This is NOT a contactless control).

All finishers who reach the finish before the last Heats starter has set off (approx. 11:30), must deposit their map in the named bag for their club. The only exception to this rule is if they have needed to use a pin punch, or have a point of dispute, in which case they must declare this to the Finish Official who will place their map in a sealed envelope so that it can be taken to Download.

After the last start, finishers' heats maps will not be collected. (This only applies to Springfield; ALL Campbell Park heats maps will be collected, up to and including the last finisher).

From the Springfield finish, follow the signed route back to the arena (approx. 350 m). You must use the pelican crossing to cross Avebury Boulevard.

Remember to download as soon as you reach assembly!

Finals finish

The finals finish is in the arena, with a taped run-in through a gate from the final control in the Park.

After finishing, follow the taped corridor to Map Collection and Download.

Finishers' maps will be collected whilst the start is still operating. Map collection will cease after the last Finals start (approx. 3pm).

Map Reclaim

Map reclaim will be from Registration. Maps will be bagged by club, and all maps for a club will be handed, bagged, to one individual representative from each club. Individual maps will NOT be issued. Finals maps, and remaining Heats maps, will be available to reclaim about 15 mins after the last start time on the Finals.

Heats Start Times

Heat courses will close at 1200 hrs. All competitors are to have downloaded by 1215 hrs to qualify for Finals.

Course Details – Junior Heats on Campbell Park

Junior Heats					
Classes		Course	Length	Climb	Controls
M10	W10	H 91	1.4km	25m	11
M12	W12	H 92	1.9km	40m	15
M14	W14	H 93	2.1km	45m	16
	W16	H 94	2.5km	55m	20
M16		H 95	2.7km	55m	22

Start blocks - Campbell Park Junior Heats

	10:30	10:35	10:40	10:45	10:50	10:55	11:00	11:05	11:10	11:15	11:20	11:25	11:30
H91			W10			M10							
H92		M12					W12						
H93	W14					M14							
H94							W16						
H95	M16												

Course details – Springfield Heats

Springfield Heats					
Classes		Course Details			
Male	Female		Length	Climb	Controls
M Open M35, M40, M45		H 1	3.7-3.9km	50-65m	15/16
M 50	W Open	H 3	3.4-3.5km	40-55m	15
M55	W35, W40, W45	H 4	2.9-3.0km	40-50m	13/14
M60	W50	H 5	2.8-2.9km	35-45m	12/13
M65, M70	W55	H 6	2.5-2.6km	30-40m	11/12
M75, M80+	W60, W65, W70, W75, W80+	H 7	1.7-1.8km	20-25m	9

Start blocks - Springfield Heats

	10:30	10:35	10:40	10:45	10:50	10:55	11:00	11:05	11:10	11:15	11:20	11:25
H1.1	M45 heat 1			M35		M Open heat 1						
H1.2	M45 heat 2		M40 heat 1			M Open heat 2						
H1.3	M45 heat 3		M40 heat 2			M Open heat 3						
H3.1	M50 heat 1				W Open heat 1							
H3.2	M50 heat 2				W Open heat 2							
H3.3	M50 heat 3				W Open heat 3							
H4.1	M55 - heat 1						W40					
H4.2	M55 - heat 2			W45 heat 1								
H4.3	M55 - heat 3			W45 heat 2				W35				
H5.1	W50 heat 1			M60 heat 1								
H5.2	W50 heat 2			M60 heat 2								
H5.3	W50 heat 3			M60 heat 3								
H6.1	M70 heat 1		W55 heat 1			M65 heat 1						
H6.2	M70 heat 2		W55 heat 2			M65 heat 2						
H6.3	M70 heat 3		W55 heat 3			M65 heat 3						
H7.1	M80			M75		W65 heat 1		W60 heat 1				
H7.2	W80	W75		W70		W65 heat 2		W60 heat 2				

Course Details – Finals

The allocation of classes to courses for the finals is as shown in the following table:

Finals									
Course	Female classes			Male classes			Course details		
	A	B	C	A	B	C	Length	Climb	Controls
F01				M Open A			3.5km	65m	29
F02				M35A, M40A	M Open B		3.4km	70m	27
F03				M45A		M Open C	3.3km	65m	26
F04	W Open A						3.1km	60m	24
F05				M50A, M55A	M35B		2.8km	60m	23
F07		W Open B			M40B, M45B		2.7km	60m	22
F08					M50B, M55B		2.6km	50m	20
F09	W35A, W40A			M60A, M65A			2.5km	40m	18
F10	W45A, W50A					M50C	2.5km	50m	19
F11	W55A, W60A					M55C	2.3km	40m	18
F12					M60B, M65B		2.2km	35m	17
F13		W35B, W40B, W45B	W Open C				2.2km	35m	17
F14		W50B				M60C	2.1km	35m	16
F16		W55B	W50C			M65C	2.0km	40m	15
F17	W65A	W60B		M70A, M75A			1.9km	30m	14
F18	W70A, W75A	W65B		M80A	M70B, M75B		1.6km	30m	14
F19	W80A	W70B, W75B			M80B		1.3km	30m	12

Finals									
Course	Female classes			Male classes			Course details		
	A	B	C	A	B	C	Length	Climb	Controls
F21	W10A	W10B		M10A	M10B		1.6km	30m	14
F22		W12B			M12B		2.0km	35m	16
F23	W12A	W14B		M12A	M14B		2.0km	30m	18
F24	W14A	W16B		M14A			2.4km	40m	19
F25	W16A				M16B		2.7km	40m	22
F26				M16A			3.0km	50m	21

Start Times – Finals

Individual start times for the finals will be issued after the heats have been completed. Those running in the M Open and W Open championship (A) finals must collect a new bib from registration for their finals run.

The expected start block times for the finals are as follows:

	1:30	1:35	1:40	1:45	1:50	1:55	2:00	2:05	2:10	2:15	2:20	2:25	2:30	2:35	2:40	2:45	
F01													MOpA				
F02	MOpB					M35A	M40A										
F03	MOpC					M45A											
F04														WOpA			
F05	M35B	M50A				M55A											
F07	M40B		M45B				WOpB										
F08	M50B					M55B											
F09	M60A		M65A				W35A	W40A									
F10	M50C					W45A		W50A									
F11	M55C		W55A				W60A										
F12	M60B					M65B											
F13	WOpC		W35B	W40B	W45B												
F14	M60C					W50B											
F16	M65C		W50C				W55B										
F17	M75A	M70A		W60B		W65A											
F18	M80A	M75B	M70B		W75A	W70A		W65B									
F19	M80B	W80A	W75B	W70B													
F21						M10B	W10B	M10A		W10A							
F22	W12B		M12B														
F23	M14B		W14B		M12A		W12A										
F24	W16B	W14A		M14A													
F25						M16B		W16A									
F26										M16A							

Results

On the Day. Printed results will be posted on the display board on the stage. Live results will be available via the internet. Details to be confirmed.

After the Event. Results will be available online in the SportIdent website (URL). Results will be submitted to BO for ranking points as soon as practicable and within 2 weeks of the event.

The heats and finals are treated as separate events for the purposes of ranking points.

Commentary

Commentary will be provided by Chris Poole and Andy Munro, with technical support from GP Projects.

There will be a radio control at the Springfield finish and also at the Campbell Park finish, for the junior heats, to allow the commentators to provide immediate information on finish times.

Additional radio controls will be deployed for the finals so that the commentary team can provide information on how runners are progressing and when they should be expected to appear at the finish.

There are no spectator controls.

Prize Giving

This will take place on the amphitheatre stage as soon as possible after the Finals finish, at approximately 4pm. We hope you will stay and attend the presentation of medals.

Officials

Organiser	Peter Woods	WAOC
Safety Officer	Clive Wilinon	SUFFOC
Planners	Dorien James	SMOC
	Graham Louth	WAOC
Controller	Colin Duckworth	TVOC
Assistant Controller	Mike Edwards	RAFO
Mapper	Robert Dove	SMOC
Equipment Officer	Bruce Marshall	WAOC
Jurors	Neil Crickmore	SO
	Dick Towler	LOC
	Alan Rosen	HH

Acknowledgements

Mike Cope, Vince Grealy

Members of HAVOC, NOR, SMOC, SOS, SUFFOC, and WAOC, and all those from outside the region who have also helped to prepare for the event and help on the day.

The Parks Trust, who have given permission for us to use Campbell Park for this event.