



British Orienteering Sprint Relay Championships 2025

Saturday 30th August 2025

RAF Honington, Honington, Suffolk

Preliminary Details

Welcome

The East Anglian Orienteering Association and British Orienteering welcome you to the 2025 British Sprint Relay Championships. Information on the British Sprint Championships, which is happening on the same weekend, can be found on the British Sprint Championship website, [here](#).

The British Sprint Relay Championships are open to members of the British Orienteering Federation and to members of overseas IOF affiliated Federations.

Location

RAF Honington is located about 9 miles NNE of Bury St Edmunds, a journey of about 10 miles by road from Bury St Edmunds, and 40 miles by road from Norwich. Public transport options to RAF Honington are limited; Bus 332 links RAF Honington with Bury St Edmunds, around 30 minute journey time, but only a limited number of services operate on a Saturday.

The terrain

All courses will be within the perimeter fence of the base. The terrain is fast and flat with an array of unusual buildings not on any regular layout, punctuated by iconic items of historical military hardware. We expect this will make for highly enjoyable sprint running for all age classes.

Assembly

Assembly and parking will be outside the perimeter fence of the base with parking adjacent to assembly. There will be a space for club tents in the assembly field.

Dogs

Currently, there are no dogs allowed in the car park or on the assembly field. We are continuing discussions with RAF Honington.

Provisional Timetable for the day

Time	Action
11:30	Car park opens for competitors
11:45	General enquiries, team declarations and bib issue open.
13:30	Elite start
13:45	Latest time for Team Declarations and Bib Issue for non-Elite classes
14:30	Young Juniors (12-) start
14:35 onwards	Starts for the remaining 5 classes
16:00	Prizegiving
16:10	Courses close for Relay runners

Entries

Entries for the British Sprint Relay Championships 2025 will open on 13 April 2025. All entries should be made through SI Entries www.sientries.co.uk

Organiser: sprintrelayscoordinator@britishorienteering.org.uk

Entries: sprintentries@britishorienteering.org.uk

Entries will close at 23:59 on 17th August.

Team declarations and changes can be made any time up until 23:59 on 17 August. After this time changes can only be made on the day if there are good reasons for needing them.

Entry fees	By 27 July	By 17 August
Elite class	£88	£96
Elite – Junior/University*	£44	£48
All Veteran and Ad-hoc classes	£66	£75
Both Junior classes	£33	£36

* For Junior (M/W18 & M/W20) teams entering the Elite class wishing to claim a reduced fee per team, all team members must be M/W20 or younger.

SI card hire will be available via SiEntries. The fee will be £3-00 per SIAC (contactless) and £1-50 per non-contactless card.

Non-Competitive Adhoc Team Matching Service

To encourage as many participants as possible to take part in this event, we are offering a matching service for individuals not able to form a three-person team without assistance. Please complete the following survey with your details including: Your name, BOF age class, preferred leg (1st, 2nd or 3rd) and we will try and match you with another 1-2 competitors to make up a team. Please use the following link: <https://www.surveymonkey.com/r/YTLCJ9N> to enable us to match you up with other suitable team members. If you wish to make use of this matching service, please complete the survey by 10 August at the latest. You will be informed of potential matches by 11pm on 12 August. You will be responsible for confirming your team and entering via SiEntries before 23:59 on 17 August.

Eligibility

To be eligible to be British Sprint Relay Champions, all members of a team (except for Ad Hoc) must meet the club representation eligibility requirements in the British Orienteering Rules of Orienteering and the individual eligibility requirements.

The competition rules can be found at <https://www.britishorienteering.org.uk/rules> ; British Sprint Relay Championship rules in section T and are set out below.

Laps to be run by Men are open to all. Women's laps are restricted to females (see British Orienteering Trans policy).

To be eligible to be a British Champion an individual competitor must on the day immediately preceding the day of competition in question be a member of British Orienteering and:

either

- be a British citizen;

or

- have been a member of British Orienteering in each of the three membership years preceding the year of the competition.

For Juniors who are not British citizens the membership criteria will be as specified below:

Age on 31 December in year of competition	British Orienteering membership criterion
10 or under	Member on day before the day of competition and in the previous six months.
11	Member on day before the day of competition and in the previous two years.
12	Member on day before the day of competition and in the previous six months.
13 and over	As in rule 2.1.4

To be eligible for British Sprint Relay Championship medals all the members of a relay team must be eligible under the criteria specified above and the team must be representing a club which, on the day immediately before the day of competition in question, is affiliated to British Orienteering.

In the Elite classes the UK Relay League Neighbouring Clubs Alliance may apply allowing geographically adjacent clubs are permitted to form combined teams ("Alliances").

Two clubs that wish to form such an alliance must satisfy the following criteria:

The two combining clubs must be geographically adjacent.

Neither club has fielded a team that finished in the top ten of the overall UK Relay league standings in the previous year in either the Men's or Women's competitions.

Alliance teams must be treated as competitive and will be eligible to win medals. Any clubs who wish to take advantage of this proposal must notify Events and Competitions Committee and be approved before January 31st of the year in which they wish to form the Alliance.

In the Junior classes : Junior (16-), Young Junior (12-) the following applies:

Clubs from the same Association and/or geographically adjacent clubs are permitted to form combined teams ("Alliances"). Alliance teams are competitive and will be eligible to win trophies.

Clubs may only combine to enter "Alliance" teams if they have already entered as many complete teams as they are able to in each class.

In circumstances where combined teams are formed, clubs must pick their best runners for their own club team or teams before seeking to form an alliance to give their additional junior orienteers the opportunity to run in the competition. Any attempt by clubs to do otherwise may lead to their alliance team being declared non-competitive. The spirit of this initiative is, therefore, that clubs form teams from their own members and are encouraged to develop their own club juniors; it is not the intention for 'elite' teams to be formed.

Competition Classes and Prizes

British Sprint Relay Championship Trophy presented to the first elite team.

British Championship medals will be awarded to the first, second and third placed team members in each class.

Competitors are only eligible for British Championship medals in the class they have entered and if all members of the team satisfy the Eligibility requirements above.

In table form, the above translate into:

	Elite	Vet (40+)	Super Vet (55+)	Ultra Vet (65+)	Junior (16-)	Young Junior (12-)	Ad Hoc - competitive	Ad Hoc – non-competitive
Number of runners to be eligible *	2 men 2 women	2 men 1 woman	2 men 1 woman	2 men 1 woman	2 men 1 woman	2 men 1 woman	2 men 1 woman	3 men
Age restriction to be eligible?	No	Yes, all 40+	Yes, all 55+	Yes, all 65+	Yes, all 16 or younger	Yes, all 12 or younger	No	
Same club for all runners to be eligible?	Yes						No	
Eligible for British Sprint Relay Champion medals?	Yes if all members of a team meet the club representation eligibility requirements in the British Orienteering Rules of Orienteering and the individual eligibility requirements						No	
Does Neighbouring Clubs Alliance rule apply for BO clubs?	Yes	No, all runners must be from same club			Yes		No, as any mix of clubs allowed	
Can international teams run?	Yes, under same club & sex rules as above						Yes	No
Medals awarded?	Yes for 1 st , 2 nd and 3 rd teams eligible to be British Sprint Relay Champions						No	

Trophy awarded?	Yes for 1 st eligible BO affiliated team	No
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*** Teams may include more than the minimum number of female runners for their class or be all female**

Teams which do not satisfy the requirements for the relay class they are entering will be shown as non-competitive in the results. No men-only teams will be allowed to run in the Elite class.

Elite - Teams consisting of 4 people, of which at least two must be female. 4 laps, first and last laps (shorter than laps two and three) must be run by females. The four must all be members of the same club or an "Alliance team" (see above).

Veteran (40+) - Teams consisting of 3 people in age classes M/W40 or older, of which at least one must be female. 3 laps, middle lap shorter, free running order. The three must all be members of the same club.

Super Veteran (55+) - Teams consisting of 3 people in age classes M/W55 or older, of which at least one must be female. 3 laps, middle lap shorter, free running order. The three must all be members of the same club.

Ultra Veteran (65+) - Teams consisting of 3 people in age classes M/W65 or older, of which at least one must be female. 3 laps, middle lap shorter, free running order. The three must all be members of the same club.

Junior (16-) - Teams consisting of 3 people in age classes M/W16 or younger, of which at least one must be female. 3 laps, middle lap shorter, free running order. The three must all be members of the same club. 5.1.6 Young Juniors (12-) - Teams consisting of 3 people in age classes M/W12 or younger, of which at least one must be female. 3 laps, all laps same length, free running order. The three must all be members of the same club unless club alliance (see above) agreed.

Ad Hoc (Mixed age classes) - Teams consisting of 3 people, no age restrictions, of which at least one must be female. 3 laps, middle lap shorter, free running order. Not a BSRC Championship class. Members need not all be members of the same club.

Terms and Conditions

Conditions of entry to this event, including cancellation policy, is covered by the standard British Orienteering Entry Terms and conditions for JK & British Championships version 3.3. These terms can be viewed on the British Orienteering website:

<https://www.britishorienteering.org.uk/doc/resource-library/jk-british-championships-entry-t-cs>

Safety and Risk

A comprehensive risk assessment will have been carried out by the organiser, but participants take part at their own risk and are responsible for their own safety during the event.

Officials

Organiser: Sally Wilkinson (SUFFOC)

Deputy Organiser: Clive Wilkinson (SUFFOC)

Planner: Sarah Mansel (SUFFOC)

Deputy Planner: Bob Hill (WAOC)

Controller: Mike Edwards

Deputy Controller: Michael Chopping (NOR)

Acknowledgements

Thanks to RAF Honington for permitting the use of the area and assisting in event preparation.

Thanks to RAFO members for their help at the event.

Queries

General enquiries: sprintrelayscoordinator@britishorienteering.org.uk